



Connecticut Regional Chapter

39 Leroy Avenue
Darien, CT 06820
203-655-2586, ext 2

112 Prospect Street, 2nd floor
Stamford, CT 06901
203-363-1041, ext 22 or 27

Health & Safety Schedule Fall 2009

For current information and a complete list of classes log on to www.ctredcross.org
Class registration can be completed online, by phone, or in person at either of our convenient locations in Darien or Stamford.

Full payment must be received at time of registration to reserve your place in class.

CPR/AED: ADULT

Learn how to give rescue breathing, care for a choking victim and administer CPR to adults and children 12 years and older. This course also allows participants to become familiar with the use of Automated External Defibrillation (AED) for victims of cardiac arrest and how to safely operate the device.

FEE: \$60.00

Review Fee: \$50.00

Prerequisites for Review Classes: Valid CPR/AED: Adult certification that has expired less than 12 months before class start date.

Date	Day(s)	Time	Location
October 13	Tuesday	6:00pm – 10:30pm	Stamford
October 19	Monday	6:00pm – 10:30pm	Darien
October 27 - REVIEW	Tuesday	6:00pm – 8:30pm	Darien
November 2	Monday	6:00pm – 10:30pm	Darien
November 3 – SPANISH	Tuesday	6:00pm – 10:30pm	Stamford
November 12	Thursday	6:00pm – 10:30pm	Stamford
November 17 – REVIEW	Tuesday	6:00pm – 8:30pm	Stamford
December 1	Tuesday	6:00pm – 10:30pm	Stamford
December 15 – REVIEW	Tuesday	6:00pm – 8:30pm	Darien
December 28	Monday	6:00pm – 10:30pm	Darien

CT Regional Chapter Refund Policy (effective 10/1/09)

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CPR: INFANT & CHILD

Learn to recognize and care for life-threatening situations, including shock, choking and other breathing emergencies. Become trained to give rescue breathing and CPR to infant and child victims (up to the age of 12). This class is recommended for parents, day care providers, and other individuals caring for young children.

FEE: \$60.00

Review Fee: \$50.00

Prerequisites: Valid CPR: Child & Infant certification that expired less than 12 months before class start date.

Date	Day(s)	Time	Location
October 14	Wednesday	6:00pm – 10:00pm	Stamford
October 28 – REVIEW	Wednesday	6:00pm – 8:00pm	Darien
November 4 – SPANISH	Wednesday	6:00pm – 10:00pm	Stamford
November 9	Monday	6:00pm – 10:00pm	Darien
November 18 – REVIEW	Wednesday	6:00pm – 8:00pm	Stamford
December 2	Wednesday	6:00pm – 10:00pm	Stamford
December 16 – REVIEW	Wednesday	6:00pm – 8:00pm	Darien

STANDARD FIRST AID

Minor injuries and illnesses happen to people of all ages, every day. This course will help ensure that participants understand how to provide appropriate care when these situations arise. Students learn to recognize and give basic care for injuries and sudden illnesses, including, bleeding and burns. Learn bandaging splinting and how to respond to seizures, diabetic emergencies, severe allergic reactions, heat and cold related emergencies and poisonings.

FEE: \$45.00

Date	Day(s)	Time	Location
October 5	Monday	6:00pm – 9:00pm	Darien
October 6 – SPANISH	Tuesday	6:00pm – 9:00pm	Stamford
October 15	Thursday	6:00pm – 9:00pm	Stamford
November 5 - SPANISH	Thursday	6:00pm – 9:00pm	Stamford
November 10	Tuesday	6:00pm – 9:00pm	Stamford
November 16	Monday	6:00pm – 9:00pm	Darien
December 3	Thursday	6:00pm – 9:00pm	Stamford
December 8 - SPANISH	Tuesday	6:00pm – 9:00pm	Stamford
December 14	Monday	6:00pm – 9:00pm	Darien

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CPR/AED: ADULT PLUS INFANT & CHILD

Learn cardiopulmonary resuscitation techniques, rescue breathing and how to care for a choking adult, infant and or child victim. This course also teaches individuals the skills and knowledge needed to provide care for victims of sudden cardiac arrest, through the use of an automated external defibrillator (AED).

FEE: \$75.00

Review Fee: \$60.00

Prerequisites: Valid CPR/AED: Adult plus Infant & Child certification that expired less than 12 months before class start date.

Date	Day(s)	Time	Location
October 13 & 14	Tues & Wed	6:00 pm – 10:30pm (October 13) 6:00 pm – 10:00pm (October 14th)	Stamford
October 24 - SPANISH	Saturday	9:00am – 3:00pm	Stamford
October 27 & 28 – REVIEW	Tues & Wed	6:00 pm – 8:30pm (October 27) 6:00 pm – 8:00pm (October 28th)	Darien
November 2 & 9	Mondays	6:00 pm – 10:30pm (November 2) 6:00 pm – 10:00pm (November 9)	Darien
November 14 – SPANISH	Saturday	9:00am – 3:00pm	Stamford
November 17 & 18–REVIEW	Tues & Wed	6:00 pm – 8:30pm (November 17th) 6:00 pm – 8:00pm (November 18th)	Stamford
December 1 & 2	Tues & Wed	6:00 pm – 10:30pm (December 1st) 6:00 pm – 10:00pm (December 2nd)	Stamford
December 12 - SPANISH	Saturday	9:00am – 3:00pm	Stamford
December 15 & 16–REVIEW	Tues & Wed	6:00 pm – 8:30pm (December 15th) 6:00 pm – 8:00pm (December 16th)	Darien

STANDARD FIRST AID W/ ADULT CPR/AED

Acquire the knowledge and skills necessary to recognize and provide basic care for injuries and sudden illnesses in an emergency. Learn to perform Adult CPR, and respond to an adult choking victim.

FEE: \$75.00

Date	Day(s)	Time	Location
October 13 & 15	Tues & Thurs	6:00pm – 10:30pm (October 13) 6:00pm – 9:30pm (October 15)	Stamford
December 1 & 3	Tues & Thurs	6:00pm – 10:30pm (December 1) 6:00pm – 9:00pm (December 3)	Stamford

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STANDARD FIRST AID W/ ADULT & CHILD CPR/AED PLUS INFANT CPR

Acquire the knowledge and skills necessary to recognize and provide basic care for injuries and sudden illnesses, learn to give rescue breathing and Adult, Infant, and Child CPR, and respond choking adult, child and infant victims.

FEE: \$85.00

Date	Day(s)	Time	Location
October 10	Saturday	9:00am – 6:00pm	Darien
November 14	Saturday	9:00am – 6:00pm	Stamford
December 12	Saturday	9:00am – 6:00pm	Darien

CPR/AED FOR THE PROFESSIONAL RESCUER & HEALTH CARE PROVIDER

(2) YEAR CERTIFICATE FOR THE HEALTH CARE PROVIDER

(1) YEAR CERTIFICATE FOR THE LIFEGUARD

This course teaches professional rescuers (individuals who have a duty to respond) the skills needed to respond appropriately to respiratory and cardiac emergencies, including the use of an automated external defibrillator for victims of sudden cardiac arrest. Participants will also learn how to use a pocket mask and bag-valve resuscitator. This is also the required course for nursing students.

FEE: \$85.00 (includes pocket mask)

Review Fee: \$70.00

Prerequisites: Valid CPR/AED for the Professional Rescuer certification that expired less than 12 months before class start date. **Students must bring their pocket mask to class or be prepared to purchase a new one for an additional fee of \$11.00 exact cash or by check payable to American Red Cross.**

Date	Day(s)	Time	Location
October 17	Saturday	9:00am – 5:00pm	Stamford
October 29 - REVIEW	Thursday	6:00pm - 10:00pm	Darien
November 19 - REVIEW	Thursday	6:00pm - 10:00pm	Stamford
November 21	Saturday	9:00am - 5:00pm	Darien
December 19	Saturday	9:00am - 5:00pm	Stamford
December 22 – REVIEW	Tuesday	6:00pm - 10:00pm	Darien

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CONNECTICUT CHILD CARE

A state approved course for daycare personnel on how to prevent accidents, administer first aid, and recognize the signs and symptoms of childhood illness. In addition, participants will learn how to give rescue breathing, care for young choking victims, and perform CPR on infants and children (up to the age of 12) and review important child safety laws.

FEE: \$75.00

Date	Day(s)	Time	Location
October 6 & 7	Tues & Wed	6:00pm – 10:00pm	Stamford
November 7	Saturday	9:00am – 5:00pm	Stamford
December 9 & 10	Wed & Thurs	6:00pm – 10:00pm	Stamford

PET FIRST AID

The purpose of these presentations is to teach individuals basic first aid techniques for dogs and cats in response to common illness, injury, or life-threatening conditions. These presentations are recommended for pet owners, groomers, sitters, and pet store employees.

DOG FIRST AID

This presentation teaches pet lovers how to identify normal heart and pulse rate, breathing rate, and body temperature for canines. Students learn signals of various injuries and how to care for them, including muscle and joint injuries, breathing and cardiac emergencies, bleeding, and heat and cold related emergencies, and car accidents. Participants also learn how to safely approach and ill or injured dog and muzzle if needed.

FEE: \$45.00 (includes book and DVD set)

Date	Day(s)	Time	Location
October 14	Wednesday	6:00pm – 8:00pm	Darien

CAT FIRST AID

Students learn to identify normal heart and pulse rate and breathing temperature for felines. They are also taught signals of various injuries and how to care for them, including suspected fractures and back or neck injuries, breathing and cardiac emergencies, bleeding and heat and cold related emergencies and poisoning. Participants also learn how to safely capture and restrain a cat if necessary.

FEE: \$45.00 (includes book and DVD set)

Date	Day(s)	Time	Location
October 14	Wednesday	8:00pm – 10:00pm	Darien

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JUST FOR TEENS...

Because You Care...Prepare

What you need to know and what every parent wants in a safe and responsible babysitter! Designed for 11 to 15 year olds, the Babysitter’s Training course can help you—

- ❑ Care for children and infants.
- ❑ Be a good leader and role model.
- ❑ Make good decisions and solve problems.
- ❑ Keep the children you baby-sit and yourself safe
- ❑ Handle emergencies such as injuries, illnesses and household accidents.
- ❑ Write resumes and interview for jobs.
- ❑ And much more!

BABYSITTER’S TRAINING:

Learn the responsibilities of a babysitter, including child care, accident prevention, safe play and basic first aid. Participants will also gain knowledge of child development stages.

FEE: \$65.00

Date	Day(s)	Time	Location
October 10	Saturday	9:00am - 4:00pm	Stamford
October 12	Monday	9:00am – 4:00pm	Darien
October 31 - HALLOWEEN	Saturday	9:00am – 4:00pm	Darien
November 11 – VETERAN’S D	Wednesday	9:00am – 4:00pm	Stamford
November 28	Saturday	9:00am – 4:00pm	Darien
December 5	Saturday	9:00am - 4:00pm	Stamford
December 19	Saturday	9:00am - 4:00pm	Darien
December 29 & 30	Tues & Wed	9:00am – 12:00pm	Darien
December 29 & 30	Tues & Wed	1:00pm – 4:00pm	Stamford

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SPANISH CLASSES

RCP y DEA PARA ADULTOS

Esta clase enseña a las personas interesadas a proveer cuidados de emergencias respiratorias, a aplicar el método de resucitación cardiopulmonar (RCP), y el uso de un desfibrilador externo automatizado (DEA). Para completar esta clase exitosamente se requiere de su completa participación en el salón de clase y en las sesiones de práctica de habilidades, así como también la obtención de resultados exitosos en las evaluaciones de habilidades y de conocimientos. Para aprender a aplicar correctamente la reanimación cardiopulmonar (RCP) se requiere un esfuerzo físico vigoroso de su parte.

Costo de la Clase: \$60.00

FECHA	DIAS	HORA	LUGAR
November 3	Tuesday	6:00pm – 10:30pm	Stamford

RCP PARA BEBES Y NINOS

Esta clase esta diseñada para que usted aprenda a dar resucitación de emergencia a bebes y/o a niños en caso de asfíxia o problemas respiratorios a través de la aplicación de resucitación cardiopulmonar (RCP). La clase tendrá un énfasis especial en la prevención de accidentes y lesiones. Esta clase es recomendada para padres con niños pequeños y para proveedores de cuidados infantiles.

Para completar esta clase exitosamente se requiere de su completa participación en el salón de clase y en las sesiones de práctica de habilidades, así como también la obtención de resultados exitosos en las evaluaciones de habilidades y de conocimientos. Para aprender a aplicar correctamente la reanimación cardiopulmonar (RCP) se requiere un esfuerzo físico vigoroso de su parte.

Costo de la Clase: \$60.00

FECHA	DIAS	HORA	LUGAR
November 4	Wednesday	6:00pm – 10:00pm	Stamford

PRIMEROS AUXILIOS

Esta clase proporciona a las personas interesadas los conocimientos y las habilidades básicas necesarias para reconocer y proveer cuidados de primeros auxilios en casos de lesiones y accidentes repentinos mientras se espera la llegada del personal médico capacitado. Este curso no incluye información sobre técnicas de respiración o emergencias cardiacas.

Costo de la Clase: \$45.00

FECHA	DIAS	HORA	LUGAR
October 6	Tuesday	6:00pm – 9:00pm	Stamford
November 5	Thursday	6:00pm – 9:00pm	Stamford
December 8	Tuesday	6:00pm – 9:00pm	Stamford

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RCP y DEA PARA ADULTOS Y PARA BEBES Y NIÑOS

Este curso enseña a las personas interesadas a proveer cuidados de emergencias respiratorias, a aplicar el método de resucitación cardiopulmonar (RCP), y el uso de un desfibrilador externo automatizado (DEA) para adultos y para bebes y/o niños.

Costo de la Clase: \$75.00

FECHA	DIAS	HORA	LUGAR
September 12	Saturday	9:00am – 3:00pm	Stamford
October 24	Saturday	9:00am – 3:00pm	Stamford
November 14	Saturday	9:00am – 3:00pm	Stamford
December 12	Saturday	9:00am – 3:00pm	Stamford

All of our courses are taught by using instructor demonstration, DVD, and manikin practice.

Additional course dates may be added to the schedule, please visit our website at www.ctredcross.org regularly for class updates.

In addition, we offer all of our courses off-site at corporations, schools, and community centers. To request a course at your company, school or organization, please call (203) 655-2586, in Darien or (203) 363-1041 in Stamford.

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