

**Hot Lunch**  
**Monday – Friday**  
**12 p.m. \$4.00**  
**Reservations by 11:15**

**DARIEN SENIOR CENTER CALENDAR**  
**NANCY ZENGO, DIRECTOR**  
**CAROLYNN LEWIS, THURS. & FRI., ASSIST. DIRECTOR**  
**SENIOR CENTER (203) 655-1705 & 656-7453**  
**JULY, 2008**

**Woodworking Shop**  
**Monday-Friday**  
**All kinds of**  
**repairs done**

<b>TUESDAY, JULY 1</b>	<b>WEDNESDAY, JULY 9</b>
Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. Walk-in computer class – 9:45-11:45 a.m. Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m.	Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class “Piano Fun” with Nancy – 11:30 a.m. “Let’s Talk” w/Louis Rosenfeld – 12:45 <b>Circle Grandma’s Story Time 1-1:45 p.m.</b> <b>“Open Arts Studio” – 12:30-2:30 p.m.</b>
<b>WEDNESDAY, JULY 2</b>	<b>THURSDAY, JULY 10</b>
Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class “Piano Fun” with Nancy – 11:30 a.m. “Let’s Talk” w/Louis Rosenfeld – 12:45 <b>“Open Arts Studio” – 12:30-2:30 p.m.</b>	Indoor Walking Group – 9:00 a.m. Pilates – 9:15 a.m. Movie – 10 a.m. Acrylic Painting – 10 a.m. <b>Sketching with Andy Davis – 10 a.m. – 12 noon</b> Advanced Beginner Bridge w/Jim Greer – 10-12 p.m. <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m. Chess – 12:30 p.m. Short Story with Carroll Stenson – 1 p.m. <b>HOT Topics for Seniors</b> -Computer web search – 2 pm
<b>THURSDAY, JULY 3</b>	<b>FRIDAY, JULY 11</b>
Indoor Walking Group – 9:00 a.m. Pilates – 9:15 a.m. Movie – 10 a.m. Acrylic Painting – 10 a.m. Advanced Beginner Bridge w/Jim Greer – 10-12 p.m. <b>Sketching with Andy Davis – 10 a.m. – 12 noon</b> <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m. <b>Yoga @Elements Yoga Center “Young At Heart”</b> <b>354 Heights Rd. \$5/class – 12:30 p.m.</b> Chess – 12:30 p.m. Short Story with Carroll Stenson – 1 p.m.	Indoor Walking Group in the Gym – 8:45 a.m. “Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30 Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. Oil Painting – 10 a.m. <b>Beginner Level Conversational Spanish – 10 a.m.</b> Spanish – 11 a.m. Drs. Bob and Jan Miller, “Current Events” – 12:30
<b>FRIDAY, JULY 4</b>	<b>MONDAY, JULY 14</b>
<b>CLOSED FOR THE 4<sup>TH</sup> OF JULY</b>	Bridge & Pinochle Walk around the Gym – 9:15-9:45 French Class with Lilly 9:30 a.m. Quilting with Sandy – 9:30 a.m. Discussion Group – 11:00 a.m. “Darts” – 11: a.m. Ballet Class 11-12 noon \$4/class <b>Agency on Aging Speaker– 12:45 p.m</b> Bingo – 1:30 p.m. Stain Glass Class w/Rose Warren & George Sposito
<b>MONDAY, July 7</b>	<b>TUESDAY, JULY 15</b>
Bridge & Pinochle Walk around the Gym – 9:15-9:45 French Class with Lilly 9:30 a.m. Quilting with Sandy – 9:30 a.m. Discussion Group – 11:00 a.m. “Darts” – 11: a.m. Ballet Class 11-12 noon \$4/class <b>The Manino’s entertain us - 12:45 pm</b> Bingo – 1:30 p.m. Stain Glass Class w/Rose Warren & George Sposito 1pm	Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m.
<b>TUESDAY, JULY 8</b>	
Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m.	



**HAPPY 4<sup>TH</sup> OF JULY!**

<b>WEDNESDAY, JULY 16</b>	<b>THURSDAY, JULY 24</b>
Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class “Piano Fun” with Nancy – 11:30 a.m. “Let’s Talk” w/Louis Rosenfeld – 12:45 <b>“Open Arts Studio” – 12:30-2:30 p.m.</b>	Indoor Walking Group – 9:00 a.m. <b>Pilates – 9:15 a.m.</b> Movie – 10 a.m. Acrylic Painting – 10 a.m. <b>Sketching with Andy Davis 10 a.m. – 12 p.m.</b> Advanced Beginner Bridge w/Jim Greer – 10-12 p.m. <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m. <b>Yoga @Elements Yoga Center “Young At Heart”            354 Heights Rd. \$5/class – 12:30 p.m.</b> Chess – 12:30 p.m. Short Story with Carroll Stenson – 1 p.m. <b>HOT Topics for Seniors-Computer web search – 2 pm</b>
<b>THURSDAY, JULY 17</b>	<b>FRIDAY, JULY 25</b>
Indoor Walking Group – 9:00 a.m. <b>Pilates – 9:15 a.m.</b> Advanced Beginner Bridge w/Jim Greer – 10-12 p.m. <b>Sketching with Andy Davis 10 a.m. – 12 p.m.</b> Movie – 10 a.m. Acrylic Painting – 10 a.m. <b>“Women’s Memoir Writing” – 10:30 a.m.</b> Jazzercise – 11:15 a.m. <b>Yoga @Elements Yoga Center “Young At Heart”            354 Heights Rd. \$5/class – 12:30 p.m.</b> Chess – 12:30 p.m. Short Story with Carroll Stenson – 1 p.m.	Indoor Walking Group in the Gym – 8:45 a.m. “Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30 Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. Oil Painting – 10 a.m. <b>Beginner Level Conversational Spanish – 10 a.m.</b> Spanish – 11 a.m. Contemporary Issues Discussion Group with Drs. Bob & Jan Miller – “Currents Events”12:30
<b>FRIDAY, JULY 18</b>	<b>MONDAY, JULY 28</b>
Indoor Walking Group in the Gym – 8:45 a.m. “Ballet for Seniors”, Ruth Ann Brinker – 9:30-10:30 Advanced Intermediate Bridge w/Jim Greer – 10 a.m. Movie – 10 a.m. Oil Painting – 10 a.m. <b>Beginner Level Conversational Spanish – 10 a.m.</b> Spanish – 11 a.m. Contemporary Issues Discussion Group with Drs. Bob & Jan Miller – “Currents Events”12:30	Bridge & Pinochle Walk around the Gym – 9:15-9:45 French Class with Lilly 9:30 a.m. Quilting with Sandy – 9:30 a.m. Discussion Group – 11:00 a.m. “Darts” – 11: a.m. Ballet Class 11-12 noon \$4/class Bingo – 1:30 p.m. Stain Glass Class w/Rose Warren & George Sposito
<b>MONDAY, JULY 21</b>	<b>TUESDAY, JULY 29</b>
Bridge & Pinochle Walk around the Gym – 9:15-9:45 French Class with Lilly 9:30 a.m. Quilting with Sandy – 9:30 a.m. Discussion Group – 11:00 a.m. “Darts” – 11: a.m. <b>Ballet Class 11-12 noon \$4/class</b> <b>Bob Schultz Radio Voice Over – 12:45 p.m.</b> Bingo – 1:30 p.m. Stain Glass Class w/Rose Warren & George Sposito	Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m.
<b>TUESDAY, JULY 22</b>	<b>WEDNESDAY, JULY 30</b>
Bridge & Pinochle Knitting & Needlepoint with Doris – 9:30 a.m. Low Impact Exercise with Winifred – 10:00 a.m. Writing with Ann Durland – 10:00 a.m. Tai Chi – 11-11:55 a.m. - \$4.00 Movie – 12:45 p.m.	Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class “Piano Fun” with Nancy – 11:30 a.m. <b>“Open Arts Studio” – 12:30-2:30 p.m.</b>
<b>WEDNESDAY, JULY 23</b>	
Crafts with Phyllis – 9:30 a.m. Art Class with Joe Lamorte – 9:30-11 - \$4/class Travel Movie – 10:30 a.m. Yoga with Ann – 10-10:45 a.m. \$4 per class “Piano Fun” with Nancy – 11:30 a.m. <b>Grandma’s Story Time – 1:30 – 2:15</b> <b>“Open Arts Studio” – 12:30-2:30 p.m.</b>	

**The following will resume in September: Walk in Computer, Italian classes, Monday Exercise with Kinsey, Blood Pressure and Library Program.**